

4-Day Sepetang & Sitiawan Tour

5-8 Nov 2022

6.30 am



Twin Sharing: ACC/OCC Member \$465, NTUC Member \$470, Guest \$485
Single: ACC/OCC Member \$560, NTUC Member \$565, Guest \$580
Child: ACC/OCC Member \$410, NTUC Member \$415, Guest \$425

Meet at ACC Lobby



Take a tour around Kuala Sepetang and visit the Kelong fish farm, charcoal factory and the old Port Weld railway. Stop by at the Taiping colonial clock tower and Perak Museum & Food Avenue. Bring home local delicacies such as the Famous Hock Chew Biscuit, Coffee from Antong Coffee Mill, tau sar piah and more!

TIME	ACTIVITIES	DAY 01
0630hrs	Pick up at appointed place	
0730hrs	Clear customs at both side & proceed for breakfast (Own Expenses)	
0830hrs	Proceed to Sitiawan	
1200hrs	Lunch @ local restaurant	
1300hrs	Continue the journey	
1600hrs	Arrive at Taiping, visit Taiping Lake	
1800hrs	Dinner	
1900hrs	Check in & rest	

TIME	ACTIVITIES	DAY 02
0700hrs	Breakfast	
0800hrs	Check out & proceed to Kuala Sepetang 十八丁	
0930hrs	Arrive at Kuala Sepetang, take the boat rides to visit the Kelong Fish Farm, visit Charcoal Factory, visit the old Port Weld railway 十八丁铁路碑	
1230hrs	Seafood lunch	
1400hrs	Proceed back to Taiping, visit the Taiping colonial clock tower, Antong Coffee Mill, Perak Museum & Food Avenue	
1800hrs	Dinner	
1930hrs	Return back to hotel & rest	

TIME	ACTIVITIES	DAY 03
0700hrs	Breakfast	
0830hrs	Check out, proceed to Sitiawan. We will be visiting the famous Tua Pek Kong Temple	
1030hrs	Visit the Mee suan factory	
1200hrs	Lunch @ famous Hock chew restaurant	
1300hrs	Proceed to buy the Famous Hock Chew Biscuit and Tau Sar Piah	
1500hrs	Depart to Kuala Lumpur	
1800hrs	Dinner	
1900hrs	Check in hotel & rest	

TIME	ACTIVITIES	DAY 04
0730hrs	Breakfast	
0900hrs	Check out & proceed to the Outlet for shopping	
1400hrs	Depart for Singapore	
1800hrs	Dinner @ local restaurant	
1900hrs	Head back to Singapore	
2200hrs	Estimated time of arrival at Singapore	

CANCELLATION POLICY

In the event of tour cancellation, the following fees become payable:

- More than one month prior to departure: Deposit only
- Less than 30 days prior to departure: 50% of Tour Fare
- Less than 14 days prior to departure: 75% of Tour Fare
- Less than two days prior to departure: 100% of Tour Fare

Cancellation takes effect from the date the written notice is received. All unused services and tour arrangements are neither refundable nor exchangeable

*Note: Itinerary is subject to changes

For enquiries or registration, please email linda.yeo@arandaclub.org.sg or call Linda Yeo at 9690 1701.



UPCOMING EVENTS



Hatha Yoga



Every Saturday & Wednesday



8.30 am to 11 am (Saturday)
6.30 pm to 8.30 pm (Wednesday)



Pavilion



\$90 (ACC Member), \$95 (NTUC Member),
\$105 (Guest)

Are you looking for a relaxing getaway from work? Look no further as we present to you a well-paced yoga course ongoing every week. Beginners are more than welcome to try out the core yoga postures which helps improve both your physical and mental finesse at the same time.



Zumba (Gold)



Sat, 12 Nov 2022



11.30 am to 12.30 pm



Pavilion



\$22 (ACC Member), \$24 (NTUC Member),
\$26 (Guest)

Zumba Gold is a modified Zumba class for active exercisers and anyone who wishes to stay fit. Follow through the easy-to-follow Zumba choreography and improve your balance, range of motion and coordination. The Gold program incorporates music such as salsa, merengue and reggaeton.



1-Day Kulai Putuo Village Tour



Sun, 13 Nov 2022



6 am



Meet at ACC Lobby



\$105 (ACC Member), \$110 (NTUC Member),
\$125 (Guest)

Embark on a trip to Putuo village where nature and bright colour compound lightens up the whole village into an Instagram worthy destination. Try out Hakka Lunch before proceeding to women's favourite sports - shopping! End the journey off with dinner at a local restaurant before heading back to Singapore.



Trek De Opium Hill



Sat, 26 Nov 2022



3 pm to 6 pm



Trekking



\$15 (ACC Member), \$17 (NTUC Member),
\$20 (Guest)

Join us for this afternoon trek as we take a ramble around the forest of Opium Hill. Experience what it must have been like for the invading Japanese soldiers. They fought their way uphill against a brave but heavily outnumbered troop of the 1st Malay Regiment.

5D4N Penang Tour



10-14 Dec 2022



6.30 am



Adult: ACC/OCC Member \$510, NTUC Member \$515, Guest \$525
Child: ACC/OCC Member \$440, NTUC Member \$445, Guest \$455



Meet at ACC Lobby



See the best of Penang in this 5D4N tour. We will be visiting Penang Hill, Kek Lok Si Temple, St Anne Church, Kampung Agong, Convent Light Street, Penang Street Art, Old Georgetown, Chew Jetty and more!

TIME	ACTIVITIES	DAY 01
0630hrs	Assemble at designated pick up point and proceed for 2nd Link, Tuas Checkpoint.	
0730hrs	Clear immigration & customs, continue the journey, stop for breakfast (own expenses)	
0830hrs	Continue the journey to Ipoh	
1230hrs	Lunch @ local restaurant	
1330hrs	Continue the journey to Ipoh, arrive at Ipoh	
1630hrs	Visit the Second Wife Street	
1830hrs	Dinner @ local restaurant	
2100hrs	Check in Excelsior Ipoh Hotel & rest	

TIME	ACTIVITIES	DAY 02
0700hrs	Breakfast	
0830hrs	Check out & proceed to Kek Lok Tong	
1000hrs	Head down to Penang	
1230 hrs	Lunch	
1400hrs	Visit Penang Hill (Tram rides) & Kek Lok Si Temple	
1800hrs	Dinner	
2100hrs	Return back to hotel & rest	

TIME	ACTIVITIES	DAY 03
0800hrs	Breakfast	
0900hrs	Proceed to Bukit Mertajam	
0945hrs	Visit to St Anne Church, Kampung Agong	
1200hrs	Lunch	
1400hrs	Leave Bukit Mertajam, head back to George Town	
1500hrs	Visit the Convent Light Street Penang Street Art Kapitan Keling Mosque Old Georgetown Chew Jetty Sri Mariamman Temple St George church Famous Penang Cendol	
1800hrs	Dinner at Macalister Street (own cost)	
2130hrs	Rest	

TIME	ACTIVITIES	DAY 04
0730hrs	Breakfast	
0900hrs	Check out & proceed to buy Tau Sar Piah	
1200hrs	Lunch	
1330hrs	Continue journey to KL	
1800hrs	Dinner	
1930hrs	Check in Steg Hotel KL, free & easy	

TIME	ACTIVITIES	DAY 05
0700hrs	Breakfast	
1000hrs	Check out hotel & proceed to shopping	
1200hrs	Lunch @ local restaurant	
1330hrs	Continue the journey	
1730hrs	Dinner @ local restaurant	
1830hrs	Depart for Singapore	
2230hrs	Estimated time of arrival at Singapore	

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UPCOMING EVENTS

Power Pilates (Mat)



Sat, 10 Dec 2022



11.30 am to 12.30 pm



Pavilion



\$22 (ACC Member), \$24 (NTUC Member), \$26 (Guest)

Strengthen your core through a series of mindful movements that uses your own body weight as resistance in relation to gravity. These focused movements enable you to gain better awareness and understanding of your own body's capabilities and limitations. You will slowly build strength, flexibility and improve posture alignment.



1-Day Kluang & Shopping Tour



Sat, 17 Dec 2022



6.30 am



Meet at ACC Lobby



Adult: \$110 (ACC Member), \$115 (NTUC Member), \$125 (Guest)
Children: \$80 (ACC Member), \$85 (NTUC Member), \$105 (Guest)

Enjoy a day at the alluring Kluang district. Visit Kluang Television Coffee and bring home famous local coffee brand, Television Coffee. Capture the wonders of Kluang Street Art and take some funky photos along the 100 metre street.



2-Day Kukup Tour



Sat, 31 Dec 2022



6.30 am



Meet at ACC Lobby



\$185 (ACC Member), \$190 (NTUC Member), \$200 (Guest)

Stroll around the market for the freshest dried seafood. Enjoy lunch with the fresh seafood from the sea. Join the countdown event, complete with live band performances. Be prepared to be mesmerised by fireworks and sky lanterns in the beautiful night sky. Shop at JB and the local markets for local delicacies before making your way back to Singapore.

